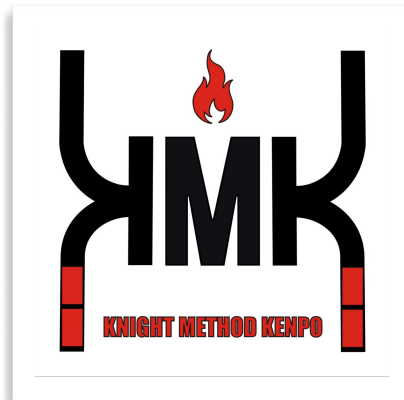


**Knight Method Kenpo  
LaBounty-Knight Lineage**

**KmK**

**160 South Kolb Road**

**Tucson, AZ 85710**



**Shawn & Rebecca Knight  
Senior Professors**

**520-296-8484**

**KickYour.com**

**KnightMethodKenpo@gmail.com**

### **Face our Flag & Show Respect**

Spirit  
Honor  
Discipline  
Oos!!!

### **3 Goals of Training**

Honesty in the Heart  
Knowledge in the Mind  
Strength in the Body

### **L.A.W.S. of the Scholar & Warrior**

Truth  
Bravery  
Courtesy  
Compassion  
Sincerity  
Discernment  
Loyalty

### **Live With Honor**

Whatever it Takes  
Until the Last Day  
Oos!!!