
REDIRECTED HORN

Punch | Left hand punch | 12:00

Name:

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Redirected: To guide off center

Horn: Left hand punch

Attack:

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The Ideal attack requires your opponent be in front of you. Starting from a right fighting stance your opponent steps forward as he executes a left straight punch toward your face.

Movement:

1. **Left Step Back** toward 4:30 into a **Right Neutral Bow Stance**. Execute a **Right Inward Parry** then a **Left Outward Parry** to the outside of your opponent's left punch.
2. Continuing to circle your right arm counterclockwise, deliver a **Right Outward Back Knuckle** to your opponent's left lower ribcage.
3. Deliver a **Right Downward Looping Roundhouse Shin Kick** to the back of your opponent's left knee.
4. Perform a **Right Front Crossover** and **Cover Out** toward 4:30.